

HOPE Community Academy

February 2012



All Menus Follow Guidelines for the Alliance for a Healthier Generation!!

ckcgoodfood.com

<i>Important Dates</i>
<p>February 16, 2012 Kindergarten Round-up 5:30 - 7:30 pm</p>
<p>February 20, 2012 President's Day NO SCHOOL FOR STAFF & STUDENTS</p>
<p>February 23, 2012 Family Night in Cafeteria 5:30 - 7:30 pm</p>
<p>February 29, 2012 EARLY RELEASE DAY</p>

Monday	Tuesday	Wednesday	Thursday	Friday
		Creamy Buffalo Chicken 1 Wheat Dinner Roll Rainbow Salad Ranch Dressing Fresh Fruit 7-8: Margarine	Chicken & Vegetable Stir Fry 2 Jasmine Rice Boomditty Sweet Tatoes Fresh Fruit	All Beef Hot Dog 3 Hot Dog Bun Ketchup & Mustard Garden Greens Salad Dressing Chilled Fruit 7-8: Croutons w/Salad
Golden Chicken Tenders 6 Ketchup Wheat Dinner Roll Salad Greens, Croutons Dressing Chilled Fruit K-6 Only : Margarine	Chicken Laub 7 Lettuce Leaf Jeweled Rice Carrot Slims Fresh Fruit	Outrageous Spaghetti & Meat Sauce 8 Wheat Dinner Roll & Margarine Seasoned Green Beans Fresh Fruit	Chicken Pho 9 Noodles, Sprouts, Cilantro & Green Onion Rainbow Salad, Ranch Dressing Fresh Fruit 7-8: Wheat Dinner Roll & Croutons w/Salad	Soft Shell Beef Taco 10 Flour Tortilla, Seasoned Meat Shredded Lettuce Fresh Cilantro, Taco Sauce Confetti Salad Chilled Fruit
Breaded Chicken Patty Sand. 13 Wheat Burger Bun Ketchup Salad Greens & Dressing Chilled Fruit 7-8: Croutons w/Salad	Hmong Chicken Drummy 14 Jasmine Rice Crisp Salad Bowl & Dressing Fresh Fruit K-6 Only: Croutons w/Salad	Cowboy Turkey Burger 15 Wheat Burger Bun Leaf Lettuce & BBQ Sauce Boomditty Sweet Tatoes Fresh Fruit	Hmong Sausage 16 Wheat Dinner Roll & Marg. Jasmine Rice Garden Greens Salad Dressing Fresh Fruit	Fresh, Hot Delivered Pizza 17 Baby Carrots & Dip Chilled Fruit
NO SCHOOL 20	Kapoor Curry Soup 21 Noodles, Bamboo Shoots, Cabbage & Green Onions Wheat Dinner Roll Crisp Salad Bowl & Dressing Fresh Fruit 7-8: Croutons w/Salad	Lemon Chicken 22 Wheat Dinner Roll & Marg. Salad Greens, Croutons Dressing Fresh Fruit	Hmong Chicken Drummy 23 Jeweled Rice Garden Greens Salad Dressing Fresh Fruit K-6 Only: Croutons w/Salad	Chicken Filet & Marinara 24 Whole Wheat Spirals Rainbow Salad Ranch Dressing Chilled Fruit
Grilled Chicken Sandwich 27 Wheat Burger Bun Lite Mayonnaise Salad Greens, Garbanzos, Croutons & Dressing Chilled Fruit	Chicken Pho 28 Noodles, Sprouts, Cilantro & Green Onion Crisp Salad Bowl & Dressing Fresh Fruit K-6 Only: Croutons w/Salad	Egg Fried Rice 29 Garden Greens Salad Croutons & Dressing Fresh Fruit		